

WEEK 1 MENU

Week Commencing
06/09, 27/09, 18/10, 15/11, 06/12



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY Italian	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Chicken and Sweetcorn Pasta Bake	Chickpea, Corn & Carrot Burger	Roast Chicken	Spaghetti Bolognese	Oven Baked Fish Fingers
Main 2	Kale and Edamame Bean Frittata	Quorn Sausage Pattie Burger	Roasted Quorn Fillet & Gravy	Plain Omelette or Cheese & Tomato Omelette	Cheese & Tomato Pizza
Carbohydrates	Garlic Bread Slices	New Potatoes or Wholemeal Penne Pasta	Roasted Potatoes or Wholemeal Penne Pasta	Boiled White and Brown Rice or Wholemeal Penne Pasta	Oven Baked Chips
Vegetables	Mixed Salad Coleslaw	Green Beans Fresh Sliced Carrots	Fresh Carrots Broccoli Florets	Roasted Sweetcorn Mixed Salad	Garden Peas Baked Beans Mixed Salad
Desserts	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Fresh Fruit Wedges	Freshly Made Chocolate Cookie

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



Future 50 Contains one or more of the top 50 most sustainable foods in the world!



Vegetarian



Vegan



Organic

For allergen content please speak to member of staff who will be happy to assist

